

## Evaluation/Pupil review

### Mere Brow Primary School, Lancashire

Seven children in years three and four participated in the Shine programme with Mrs Coggins from April to July 2022. Children attended on a weekly basis for twelve weeks. Every child embraced this opportunity and were so eager to attend each week!

Throughout the programme I made notes on the children's weekly reflections and observed a marked difference in their confidence levels as they progressed through Shine. Children were given a questionnaire to complete at the end of the programme and we discussed as a group how they felt as they reached their Shine graduation.

All children reported increased confidence and self-esteem as a result of taking part in Shine. Children particularly enjoyed the creative elements of the programme and worked so positively together as a team. The small group setting enabled children to feel safe and comfortable to explore and express their emotions in a nurturing environment.

In March children were given an enriching opportunity to showcase their work to mark International Women's Day at John Lewis store in Liverpool; Children were all invited to attend with their families for the opening of the exhibition, this was followed with press releases in West Lancashire Champion and Lancashire evening post.

As part of this event, children were invited to take part in a postcard design competition, Erin was the proud winner and had her design professionally printed which were given out to staff and her family, alongside other handmade goodies! Overall, this event was a huge boost to the children's confidence and self-esteem part way through the programme.

### Group reflections and feedback:

**A** - 'Since Shine, my confidence has reached 100,000 percent! Everything is special in Shine, it's the best thing ever!'

**J** - 'Shine has helped my confidence to go from low to high, I've had lots of fun!'

**E** - 'Shine has really helped me overcome my shyness, it's amazing and made me express my feelings. I felt over the moon!'

**V** - 'Before Shine I never used to talk but now, I talk lots, I've enjoyed every single session, Shine is the best thing in the world and I don't want to leave!'

**D** – ‘Shine is light hearting and is the best thing in the world. It has helped my confidence and creativity! I wish everyday was Monday so I could do Shine! My confidence has got better by 100,000 million percent!’

**E** – ‘When I did my design for John Lewis and won the postcard competition, I felt very excited! Shine is the best thing ever, my confidence has reached 100,000 million percent! It’s made me feel more calm and I’ve enjoyed showing what I can do!’

**W** – ‘Shine has made a big difference to my confidence; it’s made me really really happy to be a part of it.’

### **Parents feedback:**

‘Shine club has given our daughter confidence. She worries less and comes back positive. She always reflects on her time in club and we are both pleased to have Hayley back in September. Shine club has had a very positive effect on our daughter.’

‘My son has really enjoyed Shine. He seems to come out of his shell more and got more involved in things instead of holding back!’

‘My son has really enjoyed taking part and it has really inspired him to do more art and be more creative, thank you!’

‘My daughter really enjoyed her time with the Shine project and found her inner creativity!’

‘My son has really enjoyed Shine club and I hope he can join again soon. His confidence has grown so thank you!’

‘Shine was a great activity – very creative and confidence building. A wonderful club for young people and children. My daughter looked forward to it every week!’