

MERE BROW CE PRIMARY SCHOOL

A Policy for PE



Intent

Mere Brow CE Primary School recognises the vital contribution of physical education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development.

We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We believe that through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.. Our curriculum aims to improve the wellbeing and fitness of all children at Mere Brow CE Primary, not only through the sporting skills taught, but through the underpinning values and disciplines.

The objectives of teaching PE in our school are:

- to enable all children to develop and explore physical skills with increasing control and co-ordination, at their own level
 - to encourage all children to work and play with others in a range of group situations
 - to develop the way that all children perform skills, and apply rules and conventions, for different activities
 - to show all children how to improve the quality and control of their performance
 - to teach all children to recognise and describe how their bodies feel during exercise
 - to develop all children's enjoyment of physical activity through creativity and imagination
- to develop an understanding in all children of how to succeed in a range of physical activities, and how to evaluate their own success and advise others on how to improve, offering constructive critique.(KS2)

Implementation

- Pupils at Mere Brow CE Primary School participate in weekly high quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being.
- Our curriculum covers the statutory requirements for the Early Years Foundation Stage (EYFS) and the PE National Curriculum. Mere Brow follows the Lancashire scheme of work which practices the 2014 New National Curriculum, Key Stage appropriate aims and objectives.
- In foundation stage, KS1 and KS2. PE is taught discretely for 2 hours a week. The WLSP specialists teach PE for one hour in each class, (working alongside every class teacher) teaching a different area of PE each term. Teamtheme coaches teach each class every Friday afternoon.
- Children in Y3 –Y6 attend swimming lessons at Tarleton Academy. Until they can meet the requirements of swimming confidently unaided 25 m.
- Outdoor Education in addition to that outlined in the scheme of work is undertaken at Borwick Hall (Key Stage 2), where children participate in outdoor pursuits e.g canoeing, orienteering, nature trails etc.
- Children are encouraged to participate in the varied range of extracurricular activities. Lunch time physical activities are available each day and children can attend after school sport clubs two evenings per week.
- Children are invited to attend competitive sporting events organised by WLSP. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year a small group of Year 5/6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Children participate in a variety of extra sports throughout the year. For example balance board, outdoor and adventure, forest schools and

yoga, again providing the children with an opportunity to develop, improve their fitness and to try something new.

- All children walk 1km every day to help meet the government target of all children being active for at least 60 minutes a day.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE

Subject Content

EYFS

In the Reception Class (EYFS), opportunities are provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Structured lessons and opportunities for outdoor physical activity amount to at least two hours each week.

KS1

In KS1 the curriculum focuses on fundamental movement skills such as running, jumping, throwing and catching to develop agility, balance and co-ordination. Curriculum content includes ball skills and team games, gymnastic and dance activities.

KS2

At KS2 pupils continue to apply and develop a range of skills and units of work include a range of invasion, net / wall, and fielding and striking games, gymnastics, dance, athletics and swimming. Children will also take part in outdoor and adventurous activity challenges, both individually and within a team.

Curriculum Differentiation

The School Sports Partnership recommends using the principle of STEP for adjusting lesson activities for differentiation. Some children with particular needs may require different activities, for example with a particular focus on fine motor skills if hand to eye coordination is a challenge.

S = change the space available

T = change the time allowed

E = change the equipment, e.g. softer or larger balls, different sized bats, etc.

P = change the people, e.g. size of the groups

Assessment

Teachers/Specialists assess children's abilities in PE at the beginning of a unit of work and repeat the assessments at the end of every unit to measure progression. In addition to this, teachers regularly observe children during lessons and have a running record of progress made by children against specific learning objectives. At the end of a unit of work, teachers and the sports specialist make a judgement against the National Curriculum levels of attainment. They record this information and use it to plan future work. In addition, these records enable teachers to make annual assessments for every child.

INCLUSION

All children whatever their ability or individual needs should have the opportunity to achieve. PE forms part of the school curriculum policy to provide a broad balanced education to all children. Through PE teaching we provide learning opportunities that enable all pupils to make good progress. We strive hard to meet the needs of those pupils with special educational needs, those with disabilities, those with special gifts and talents, and those learning English as an additional language, and we take reasonable steps to achieve this.

Remote Learning

PE remote learning activities are available to access through Seesaw.

HEALTH and SAFETY and Kit

All Staff have been made aware of the document of SAFE PRACTICE in Physical Education and School Support, written by the Association for Physical Education.

All staff will remind children of means of staying safe when using a range of equipment or in relation to the accommodation in which they are working. Children should be encouraged to consider their own safety and the safety of others at all times.

PE Kit – All children come to school in PE kit on the days they are having their formal PE lesson. The PE kit consists of a blue t-shirt(school logo) and shorts or track pants and a blue sweat top. Pumps should be worn in the hall for PE by all children and trainers for outdoor use. If doing dance the children can be in bare feet, but in this instance **ALL** children must be in bare feet. No jewellery should be worn. If earrings cannot be removed they should be taped or have plasters placed over them.

EXCELLENCE IN PE IS CELEBRATED in display and performance including participation in sporting competitions notably in athletics, tennis, tag rugby and swimming

- annual Sports Day event involving all pupils
- presentation of the Sainsbury's Gold Award

Resources

Mere Brow CE Primary School has a hall which is also used as a dining hall. There is fixed large apparatus and large floor mats located here. A PE store room is located in the school hall. All equipment is kept in here. A full audit of equipment can be found in the P.E. Leader's file which is updated annually.

Monitoring and review

The subject leader is responsible for monitoring the standard of the children's work and the quality of teaching in geography. The PE subject leader is also responsible for supporting colleagues in the teaching of PE , for being informed about current developments in the subject, and for providing a strategic lead and direction for the subject in the school.

Signed: Caroline Cocker

PE Subject leader

Autumn 2020

It was approved by the Governing body _____

This policy will be reviewed in the Autumn of 2022.